

# Rural Women's Issues Committee

RURAL WOMEN'S ISSUES COMMITTEE OF SASKATCHEWAN

## RURAL WOMEN'S ACTION GRANTS APPLICATION FORM

Action name or theme: \_\_\_\_\_

### CONTACT INFORMATION

Name of individual applying for grant: \_\_\_\_\_

Mailing address: \_\_\_\_\_

\_\_\_\_\_ Postal Code: \_\_\_\_\_

Telephone: \_\_\_\_\_ Fax: \_\_\_\_\_

E-mail: \_\_\_\_\_

Alternate contact person: \_\_\_\_\_

Mailing address: \_\_\_\_\_

\_\_\_\_\_ Postal Code: \_\_\_\_\_

Telephone: \_\_\_\_\_ Fax: \_\_\_\_\_

E-mail: \_\_\_\_\_

Individual involved who attended RWICS workshop:

\_\_\_\_\_

Sponsoring Organization (if applicable): \_\_\_\_\_

Major purpose and work of organization: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Is the sponsoring organization a non-profit organization? Yes \_\_\_ No \_\_\_

**Partnering Organizations:** Please note whether other organizations are working together on this action. Please list organization(s); contact name(s) and telephone number(s), e-mail address(es) and attach letters from these groups indicating their major purpose and work and their involvement with the action.

**RWICS: RURAL WOMEN'S ACTION GRANTS APPLICATION FORM**

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**DESCRIPTION OF ACTION**

(Use additional sheets of paper if required.)

Action name or theme: \_\_\_\_\_

Dates for action (Must be completed by January 31, 2008) \_\_\_\_\_

What topic from the RWICS Grant Topics list are you addressing? (See pages 6-7.) Please describe.

Please describe the action you are planning:

What will you achieve by carrying out this action?

Who will participate?

How will you get participants involved?

How do you plan to publicize your action?

How will you know your action has been a success?

**BUDGET FORM – FOR APPLICATION**  
**Projected Cost of Action**

**INCOME**

Grant Request \$ \_\_\_\_\_

Other funding (specify sources)

\_\_\_\_\_ \$ \_\_\_\_\_

\_\_\_\_\_ \$ \_\_\_\_\_

\_\_\_\_\_ \$ \_\_\_\_\_

TOTAL CASH INCOME \$ \_\_\_\_\_

**EXPENSES**

Cash Expenditures (List)

\_\_\_\_\_ \$ \_\_\_\_\_

\_\_\_\_\_ \$ \_\_\_\_\_

\_\_\_\_\_ \$ \_\_\_\_\_

\_\_\_\_\_ \$ \_\_\_\_\_

\_\_\_\_\_ \$ \_\_\_\_\_

\_\_\_\_\_ \$ \_\_\_\_\_

TOTAL CASH EXPENDITURES \$ \_\_\_\_\_

**DONATIONS**

In kind assistance or materials (e.g. planning, publicity, room rental, food.)  
List items and estimated value

\_\_\_\_\_ \$ \_\_\_\_\_

\_\_\_\_\_ \$ \_\_\_\_\_

\_\_\_\_\_ \$ \_\_\_\_\_

\_\_\_\_\_ \$ \_\_\_\_\_

TOTAL DONATIONS \$ \_\_\_\_\_

**BUDGET BALANCE** = CASH INCOME – EXPENSES \$ \_\_\_\_\_

**TOTAL VALUE OF PROJECT** = CASH INCOME + DONATIONS \$ \_\_\_\_\_

**SIGNATURES**

Action name or theme: \_\_\_\_\_

Date of application: \_\_\_\_\_

\_\_\_\_\_  
Signature of Applicant

\_\_\_\_\_  
Signature of Alternate Contact

\_\_\_\_\_  
Printed Name of Applicant

\_\_\_\_\_  
Printed Name of Alternate Contact

**APPLICATION DEADLINE**

**Applications must be postmarked, faxed or hand-delivered by June 15, 2007.**

There will be a second application deadline on September 14, 2007.

**RETURN APPLICATION TO:**

Rural Women's Issues Committee of Saskatchewan  
c/o PWHCE, Room 309, University of Regina Extension,  
College Avenue & Scarth Street, Regina, Saskatchewan, S4S 0A2  
Telephone: (306) 585-5727, (collect calls accepted)  
Fax: (306) 585-5852  
E-mail: [pwhce@uregina.ca](mailto:pwhce@uregina.ca)

**Please feel free to contact us if you have any questions.**

## **PURPOSE OF GRANTS**

The Rural Women's Issues Committee of Saskatchewan was created to develop opportunities for rural women to work together to improve situations affecting their well-being. In a series of workshops held by RWICS rural women identified their concerns, created visions and suggested action to achieve those visions. These grants provide women with financial support to carry out these actions.

The grants can cover several different types of actions: public meetings, research, work related to the image of rural women, or support for women conveying their views to decision-makers on factors affecting the well-being of rural women.

## **GRANT CRITERIA**

1. Projects must be completed by January 31, 2008.
2. Grants will range from \$250 to \$500. Projects that partner with several organizations may receive additional funds.
3. Preference will be given to applicants who had attended an RWICS workshop.
4. Grants are available to individuals, groups of individuals or organizations.
5. Sponsoring Organizations applying for the grant should be non-profit. However, applicants may wish to have other types of organizations as Partners.
6. Organizations involved do not have to be solely women's organizations, but women should be in the leadership role of the event or project.
7. The projects should address topics raised in RWICS workshops. See attached list. Complete RWICS reports are available at [http://www.pwhce.ca/program\\_rural.htm](http://www.pwhce.ca/program_rural.htm) or through the contact provided below.
8. The projects should support equality for women and consider and support the well-being of rural women.

## **FOLLOW-UP REPORT**

We will ask for a brief follow-up report, including a description of your action, results, photos, newspaper articles or other media coverage and a budget indicating what the money was spent on. The reports would be due two weeks after the event. (See pages 8-10.)



## **GRANT TOPICS**

A large number of actions were recommended by rural women in the 6 workshops and the forum organized by RWICS. The topics brought forward in the workshops are listed below. Applicants can refer to the reports from the workshop in their area for specific recommended actions.

Reports from other areas are available at [http://www.pwhce.ca/program\\_rural.htm](http://www.pwhce.ca/program_rural.htm) or from (306) 585-5727, e-mail: [pwhce@uregina.ca](mailto:pwhce@uregina.ca).

### **LEADERSHIP**

- **SELFCARE:** self respect, women taking time to care for themselves, self-care is not selfish
- **RECOGNITION:** of the important roles played by rural women: media, awards, the arts
- **COMPENSATION:** for the work done by women, including farm work, child \* elder care, pensions,
- **FUNDING:** for women's organizations and projects, business and IT networks
- **NETWORKS:** among rural women, workshops, websites
- **TRAINING:** for leadership, involvement on boards and commissions, public life
- **DECISION-MAKERS:** women in leadership positions, boards and commissions, political office, policy-making
- **HRCAN:** involve women in Health Region Community Advisory Networks

### **HEALTH**

- **WOMEN:** informing women, the health care system and the public about women's health
- **INFORMATION:** about health services available, communication with health care providers
- **ACCESS:** Access to services locally, visiting specialists, long-term doctors.
- **TRANSPORTATION:** Transportation for seniors, tax deduction for travel expenses, coordinate travel and medical appointments, recognize costs of travel due to centralization
- **ADVOCATES:** for patients and their families navigating the health care system
- **SERVICES:** for rural areas, diagnostic, emergency, nurse practitioners, physiotherapy, cancer support, midwifery
- **HEMOCARE:** better homecare and respite for seniors, children and adults with disabilities, palliative care
- **SENIORS:** keeping seniors actively living in their home communities, health services, transportation, adult day care and respite care, home maintenance, housing, info about services
- **MENTAL HEALTH:** greater understanding of mental health, better access to services, wholistic mental health, community role, women's mental health
- **PRESCRIPTION DRUGS:** better understanding re women and pharmaceuticals
- **RESEARCH:** government funding of medical research
- **ALTERNATE HEALTH:** positive lifestyles and availability of alternative health services
- **NUTRITION:** affordability and availability of nutritious food and understanding of nutrition, community kitchens, inter-cultural potlucks

**COMMUNITY**

- CHILD & YOUTH: positive role models, involvement in community, appropriate services
- VIOLENCE: eliminate violence against women and in families
- VANDALISM & BULLYING: address and prevent in schools and communities
- RESPECT: yourself and others, other cultures, intergenerational connections
- SCHOOLS: keep schools alive, playing a broader role in the community, multi uses for buildings
- CHILDCARE: for young mothers, farmers, supporting work and educational involvement
- ADULT EDUCATION: available in rural areas and support for women accessing education
- VISION: positive visions for our communities
- PEOPLE: rural areas become inviting places for young families and new Canadians
- EMPLOYMENT: rural opportunities, working with unions, training available
- BUILDINGS: maintain and make good use of current buildings, suitable housing for youth and seniors
- TRANSPORTATION: good roads and public transportation, railways
- ECONOMY: positive rural economy, address rural poverty

**FARMING**

- FARM INCOME: adequate income for farm families, greater understanding among non-farmers
- MARKETING: maintain CWB
- SEEDS & RESEARCH: government funded research for the public good

**ENVIRONMENT**

- AGRICULTURAL PRACTICES: respect environment
- EDUCATION: inform public, change attitudes towards environment
- AIR & WATER: protect and improve air and water quality
- RECYCLE: individuals take action to conserve energy and recycle, more local recycling
- SIMPLIFY: simplify lifestyles, consume less, enjoy more



**FOLLOW-UP REPORT**

Recipients of RWICS rural Women's Action Grants will be asked to answer these questions within two weeks of the completion of their action supported by the grant.

Action name or theme: \_\_\_\_\_

Dates for action: \_\_\_\_\_

**Name of individual applying for grant:** \_\_\_\_\_

Mailing address: \_\_\_\_\_

\_\_\_\_\_ Postal Code: \_\_\_\_\_

Telephone: \_\_\_\_\_ Fax: \_\_\_\_\_

E-mail: \_\_\_\_\_

**Please answer the following questions. Please also send in photos, newspaper articles, list of media coverage, notes, documents or other results of your action. Let's celebrate our success!**

**QUESTIONS**

Describe your action.

Who participated?

Did you achieve your goals?

What worked, what helped you achieve your goals?

What suggestions do you have for improvements for similar projects in the future?

**BUDGET FORM – FOR FOLLOW-UP REPORT**  
**Actual Cost of Action (To be completed with Follow-up Report)**

**INCOME**

Grant Request \$ \_\_\_\_\_  
Other funding (specify sources)  
\_\_\_\_\_ \$ \_\_\_\_\_  
\_\_\_\_\_ \$ \_\_\_\_\_  
\_\_\_\_\_ \$ \_\_\_\_\_  
TOTAL CASH INCOME \$ \_\_\_\_\_

**EXPENSES**

Cash Expenditures (List)  
\_\_\_\_\_ \$ \_\_\_\_\_  
\_\_\_\_\_ \$ \_\_\_\_\_  
\_\_\_\_\_ \$ \_\_\_\_\_  
\_\_\_\_\_ \$ \_\_\_\_\_  
\_\_\_\_\_ \$ \_\_\_\_\_  
\_\_\_\_\_ \$ \_\_\_\_\_  
TOTAL CASH EXPENDITURES \$ \_\_\_\_\_

**DONATIONS**

In kind assistance or materials (e.g. planning, publicity, room rental, food.)  
List items and estimated value  
\_\_\_\_\_ \$ \_\_\_\_\_  
\_\_\_\_\_ \$ \_\_\_\_\_  
\_\_\_\_\_ \$ \_\_\_\_\_  
\_\_\_\_\_ \$ \_\_\_\_\_  
TOTAL DONATIONS \$ \_\_\_\_\_

**BUDGET BALANCE** = CASH INCOME – EXPENSES \$ \_\_\_\_\_

**TOTAL VALUE OF PROJECT** = CASH INCOME + DONATIONS \$ \_\_\_\_\_